

# Nutrition Decisions

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nutrition is a critical part of health and development better nutrition is related to improved infant child and maternal health  
stronger immune systems safer pregnancy and childbirth lower risk of non

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18 juli 2025 consuming a healthy diet throughout the life course helps to prevent malnutrition in all its forms as well as a range of ncds and conditions the exact make up of a diversified balanced and

la nutrición es un aspecto crítico de la salud y el desarrollo la buena nutrición guarda relación con la buena salud del lactante el niño y la madre sistemas inmunitarios más fuertes embarazos y partos

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